

Janet Penman

Ladies Recurve Freestyle

Profile of a Champion

Janet was introduced to field archery in March 1973; among her outstanding success's Janet took the title of "*sports personality of the year*" 1983 when she won every major event in the 1983 field archery calendar, against top quality opposition from all parts of the UK and Europe.

Scottish Outdoor Champion

1979, 1980, 1981, 1983, 1984, 1985, 1986, 1988, 1990, 1993, 1995, 1996, 1999, 2001 and 2008

Scottish Indoor Champion

4 times

UK Champion

Wales 1983, Beecraigs 1984, Townhill 1985

European Champion

Sweden 1979, Bury St.Edmunds 1983, Woburn 1985, Blair Atholl 1986, Germany 1987

World Champion

Blair Atholl 1986, runner up 4 times

European Veteran Champion

Germany 1995, Bury St.Edmunds 1998, Beecraigs 2000, Arndean 2002

World Veteran Champion

Arndean 2002, Australia 2006

UK Veteran Champion

Dalmore 2002

Janet was presented with 2 star awards at the Royal Scott Hotel for her outstanding achievements in field archery.

Janet has just emailed to say, "I will continue to do the sport that I loved since the day I started and hope to continue as long as I can"

"A truly outstanding Field Archery Champion"

TEN years ago, Mrs Janet Penman was a fishing widow and a darts widow, so when her husband, William, decided to take up archery she thought: "If you can't beat them, join them."

Now, the 43-year-old mother of two is European ladies champion for the second time — the first Scot to achieve such success.

And fellow Dunfermline archer, Mrs Mary Catignani, finished third in the event.

Janet, her husband, and daughter Eleanor (18) travelled to Bury St Edmunds earlier this month to compete in the championships, which attracted entries from Germany, Sweden, England, Wales and, of course, Scotland.

There were also South Africans and Americans among the contestants.

"It was great," said Janet at her home at 8 Kennedy Crescent, Dunfermline, "Last year I lost all my titles, after going into hospital for an operation. Now, I'm fighting to get them all back."

Janet was European champion in 1979 after gaining the most points over a field, hunter and animal course.

But the ladies individual title was not her only success of the week-long Bury St Edmunds event.

Janet and Mary formed two-thirds of the ladies' team which won the European event.

Janet and her husband were also in the Scottish team which beat their Swedish counterparts in an annual challenge match.

Janet works as a sewing-machinist for W.L. Gore & Associates, UK Ltd., Pitreavie Industrial Estate, and this, coupled with her housework, leaves little time for her archery.



"I get up to the course at Townhill only once a week, but I would like to go there a lot more," she said.

Now, she is training for her bid to regain the Scottish ladies' title which she lost last year.

The Scottish championships are scheduled to take place at the end of this month at Townhill Woods.

A total of eight Dunfermline Archers travelled to

Bury St Edmunds for the European championships. Other placings were as follows: Miss Ina Robertson, third "B" class; Mr John Morris, first "B" class bowhunter; Scott Robertson, first "B" class junior boys. Mrs Catignani's husband and daughter were also competing.

Meanwhile, at the weekend, a party of seven Dunfermline Archers travelled north to Alness

where they competed in an open shoot.

Janet took the Ladies' open freestyle, with 447 points and other results were: Alice Dick, second in "B" class (399 pts); Eileen Robertson, third in "B" class (350); William Penman, second in "A" class (498); Jim Halliday, first cub.

The other Dunfermline competitors were Jim Dick, "B" class and Jim Devine, "C" class.